

## A Cracking Good CresFest – Shining a Light on our Town



Where to begin and who to thank for making *CresFest* such a joyous weekend in the town of Creswick? From the moment Gary Miles turned on the lights of his amazing installation Creswick started to hum. As the musicians, dancers and local choristers filled the streets and buildings, songs were sung, stories were told and everyone went away enriched by the experience. Director of *CresFest*, Judy Turner and the committee, extend their heartfelt thanks to all in the community who offered their assistance.

'The countless ways you supported the festival were wonderful and truly appreciated. In fact, we could not have done this without you. From sponsors to venue hosts, from billets to cafes, from pubs to campgrounds everyone contributed to the general vibe, which (from the feedback flooding in) was the best thing about the weekend' Judy said.

From performers, to volunteers and festival-goers, overwhelmingly the message we are hearing is how much people loved our town. When asked what they most liked, people said:

- First time I've been to Creswick and fell in love with the town.
- The whole town was involved in the Fest.
- The fact you're in a real town, bumping into the musicians as they walk down the street, able to easily move between venues ... it's not overwhelming and exhausting like some festivals.
- Everything wonderful performances, so many artists, the immediacy of holding it in the Creswick 'village' rather than an events venue like a showground or racecourse, the variety of food available, the intimate size of the venues. It's selfish, but I hope CresFest doesn't get too big.

So of course, planning is already underway for *CresFest 2024*! Why don't you consider becoming involved in next year's festival? Save the dates: **Friday, 5 April – Sunday, 7 April 2024.** 

Contact the festival on *Info@cresfest.com.au* to find out how you can become involved, say what you liked, or suggest improvements.



The *CresFest* team is creating a survey just for locals, where thoughts and ideas can be shared. This will be available on social media by late April or hard copies will be available through the Creswick Neighbourhood Centre.

On behalf of Judy Turner, Director, special thanks and acknowledgement go to all the volunteers, 120 plus of them, the committee, and to everyone else who willingly chipped in when asked – you know who you are! The full list of thanks appears on page 17.

For a look at more photos from *CresFest* 2023 go to www.cresfest.com.au. Fiona Watson



Creswick District News Inc. gratefully acknowledges the ongoing support provided by the Community Bank Creswick & District

#### **Creswick District News**

The CDN is a community newsletter imparting local information. Copy is invited from individuals and community groups reporting or advising All on local events. contributions are accepted in good faith with no intention or desire to misinform or offend. Articles must carry the name, phone number and/or email address of the sender. The Editor reserves the right to edit or not publish any article. Views expressed are not necessarily those of the CDN Team.

> The next issues of CDN 16 May 2023 20 June 2023

Deadline for copy and advertisements: 1<sup>st</sup> day of the month.

Newsletter printed by FRP PRINTING

ADVERTISING

Contact CDN: 0407 352 982 Email: cdn@cbl.com.au Mail: PO Box 384, Creswick 3363

The Creswick District News is available beyond this district at \$20 for 12 issues mailed to a destination within Australia only. Contact the CDN with recipient's details at cdn@cbl.com.au

The CDN is also available online at www.creswick.net/creswick/ newsletter



#### CDN ADVERTISEMENTS

Black and White			
Price	Size:		
\$20	6 x 3.5 cm		
\$30	6 x 4.5 cm		
\$50	8 x 6 cm		
\$100	12 x 8 cm		
\$125	14 x 10 cm (portrait only)		
\$200	14 x 20 cm (landscape only)		
\$375	20 x 28 cm (full page)		
Coloured advertisements			

Additional 50%



#### **Creswick Cemetery News**

The pathways that were damaged in the storm last year are finally being finished, so the roadway around the Methodist Section is now open. The roadway at the back of the Church of England Section has also been opened up, but please be careful as the roads are still not in great shape.

Have you thought about volunteering in your community? How about at the cemetery? Help is always needed to keep the gardens tidy.

If you find you have some spare time on a Monday or a Thursday, come along and meet Wendy and Colleen and see what you can do to help. Any assistance would be greatly appreciated.

Wendy Ohlsen 0412 382 267

## Victoria St Craft Group

The Victoria St Craft Group would like to thank everyone who donated to our garage sale and also those who gave their time. It was a great success and all money will be donated to charity. Thanking you.

Rita and girls at Creswick Craft.



Rainfall

Monthly totals as sent to Bureau of Meteorology by Frank Slade.

	2021	2022	2023
	mm	mm	mm
January	134.5	163.0	9.5
February	13.0	1.0	28.8
March	79.5	49.0	45.0
April	20.0	65.5	
May	79.0	39.3	
June	99.9	104.5	
July	106.5	51.0	
August	66.5	156.0	
September	70.5	82.0	
October	91.0	214.1	
November	66.8	129.1	
December	26.3	40.2	
TOTAL	853.5	1,094.7	83.3

#### Bouquets

A special thank you for the great service IGA offers for the delivery of groceries to our home with a smile. *Jo and John van Oostveen* 



## **Senior Cits News**

A very pleasant social day was enjoyed by Seniors' members, including three new members; David, Jenny and Joy. A fourth, Kevin, was unable to attend. We will look forward to them joining in our other activities. The next social day will be Friday, 28 April. Cooler weather will bring out the pots and pans for a hot meal, followed by entertainment.

The loss of three of our valued, long term members has saddened us all. Our condolences go to the families of Mary Phillips, Jim Kinnersley and Theresa West. They will be missed.

Get well wishes go to anyone on the sick list.

June Gray 5334 6526



#### AMENDMENTS TO ANZAC DAY PROGRAM

#### 5.40am Dawn Service

Be at the Cenotaph in Albert Street for a **5.50am start**.

Gunfire Breakfast at Senior Citizens Rooms to follow.

#### 10.15am

Assemble at Splash Park near IGA to participate in the March.

Parade Marshall is now Paul McGuiness.



**Community Fundraising Appeal** for Creswick Health Service

#### A community committee has been formed to raise \$150,000 for redevelopment works at Central Highlands Rural Health Creswick Hospital and Residential Aged Care Facility.

The committee, chaired by former Creswick Hospital President, Bob Orr, aims to raise the money within six months to cover the shortfall in building funds due to global supply issues and significant price increases in materials.

The *Community Bank Creswick & District* has kicked off the fundraising appeal, announcing that it will match donations up to \$30,000 between now and the middle of June.

The redevelopment project began in 2019 with Stages 1 and 2 completed. Stage 3 is nearing completion and Stage 4 is scheduled to commence in June 2023. The project needs community support.

The Creswick Health Upgrade Appeal Committee, a group of passionate community members, has been formed to rally support for the local health service and encourage individuals, businesses, and community groups to donate to the appeal.

Donations can be made in person at the *Community Bank Creswick & District* branch at 1 Raglan Street, Creswick or Creswick Health Community Health reception at 1 Napier Street, Creswick. Gifts can also be made online via *giving@chrh.org.au* or via credit card payments.

## Keeping Our Town Clean Community effort

Thanks are expressed to the locals who spend their time and effort in helping to clear up rubbish left and blown around our streets, parks and waterways.

A special thanks is extended to a couple of local residents recently seen cleaning up the rubbish around the bridge which crosses the creek behind the supermarket. A surprisingly large number of bags were filled with this waste.

Pride in keeping our town tidy is evident. Well done!

## Marie Lewis Inducted to the Heather Mutimer Honour Roll

Blampied and Creswick district stalwart, Marie Lewis, has been posthumously inducted into the Heather Mutimer Honour Roll by the Hepburn Shire Council, paying tribute to her contribution to the Shire and progressing women's causes. The Heather Mutimer Honour Roll was established in 2005 to pay tribute to women in Hepburn Shire whose contribution, courage and example have led to significant change for women.

Marie Magdalen Lewis challenged traditional stereotypes throughout her 106 years. Marie worked as a Post Mistress and telephone operator at Blampied Post Office, and later enlisted in the Women's Auxiliary Australian Air Force (WAAAF) in 1942. She was posted to various air force bases during this time and worked in signals for five years, moving up the ranks to become a sergeant.

After the war, Marie returned to Blampied with her husband Harold, raised their two young sons, and operated the Blampied Post Office and Telephone Exchange for over twenty years. She was the sacristan at St Joseph's Catholic Church, Blampied for more than forty years, a long-time member of the Creswick Golf Club, the Mt Prospect Tennis Association and a proud member of the Creswick-Smeaton RSL sub branch. Granddaughter Debbie Stoneman accepted the certificate on behalf of Marie.



## Creswick & District Historical Society

#### **Upcoming Honour Roll Dinner**

The Creswick Civic Honour Roll Dinner will be held on Friday, 19 May 2023 at the Creswick Football/Netball Club Rooms (CFNC) at Doug Lindsay Reserve. Three more worthy people will be added to the Honour Roll.

Tickets at \$45.00 per person will include a three-course meal. Drinks can be purchased at bar prices with profits going to the CFNC.

Starting at 6.00pm, the evening will include Guest Speaker, Professor Alan Gregory, who will give a short talk on Sir Alexander Peacock KCMG, MP.

To book a table or seats, please contact:

Jack van Beveren on 5345 2658 or Marjorie Poole on 5345 2065.

## Introducing Dr Roy J Hardman Eat (and Talk) Like an Italian



Roy Hardman extols the virtues of the Mediterranean diet - the healthy, anti-inflammatory benefits of eating mainly fruit, vegetables, extra-virgin olive oil, fish, red wine and whole grains. These benefits were first described scientifically in the mid-1970s, but Dr Roy has taken this study further by looking at effects of the diet on the health of the brain. And now he has made his home in Creswick. Was that brainy or not?

Roy credits his interest in the Mediterranean diet to his growing up in South Australia surrounded by Italian and Greek families. Coming from a very traditional British household, he was intrigued by the tastes and smells of the food of his friends and neighbours that were so very different from how his mother cooked at home. He saw the bad health outcomes and eventual dementia suffered by his parents and later wondered whether a better type of diet would have improved their lives as they aged.

Roy commenced his academic career with a Bachelor of Science in Biology, followed by a Master's Degree in Pharmacy and then another in Wellness in Complementary and Alternative Medicine. Over the years he has worked mostly in the medical and pharmacological fields. His academic and research interests finally led to a PhD which looked at the effects of a Mediterranean diet and exercise and the impact on cognition in healthy sixty to ninety year olds living in independent aged care. His conclusions were that changing to a Mediterranean style of diet will improve cognitive outcomes, however, when combined with aerobic exercise (walking 15-20 minutes per day) there was a significant improvement in the reduction of anxiety, depression and stress related conditions.

Roy is considered a worldwide authority in his field and is involved in six international journal committees as an assessor for publications in this area of diets relating to cognitive neuroscience. His informative book *A Recipe for a Healthy Brain* (precis published in the September 2022 issue of the *CDN*) explains how a healthy diet could help your brain stay healthier as you age. His peer-reviewed published articles and papers have since received citations from experts around the world. Roy has also written four children's books, including *My Brain is My Best Friend* and *My Brain has made Friends with my Guts* (published in Ballarat by *Shawline*).

Roy moved to Creswick from the Mornington Peninsula, via Melbourne, about two years ago - part of the treechange diaspora during the height of the pandemic. *'I almost moved to Italy instead'*, Roy explains. But obtaining residency there is now more difficult since Brexit, and having got to know central Victoria through his travels for work, he looked closely at the Hepburn Shire, then found a comfortable house in Creswick. Indeed, *comfortable* is a word that Roy uses often to explain how he feels about living in Creswick. *'The house, the location and the people all felt right.'* 

Although he knew no-one in town when he arrived, Roy is happy to stop and chat with everyone he encounters. He has made friends with his neighbours, has become a familiar face around town and in his favourite cafe. Roy has numerous other interests too. He is currently studying Italian through the Centre of Italian Studies in Melbourne and his goal is to be able to travel to Italy for three months every year. Roy loves woodworking and is planning a new shed in his backyard to hold all his tools. He loves good food and wine (Mediterranean of course) and he would like to share his extensive knowledge and insights by mentoring young people.

Roy is very happy to tell you that his moving to Creswick was a very brainy move - clearly this diet works.

Maria Taylor







## **Our Story - Through Dad's Eyes**

A Book by Gerda Schellens



The Schellens family: L to R: Catharina, Annie, Cathy (holding mum's hand), Johnny, Gerda, Maria and Antonie. (T Schellens)

*Our Story - Through Dad's Eyes* is a compilation of photographs taken by Tony (Antonie) Schellens spanning five decades of the Schellens family from their arrival in Victoria as Dutch immigrants in 1952. The fourth of five siblings, Gerda Schellens has used over two hundred images from her late father's collection to document the family's arrival at Station Pier in Melbourne, their initial stay in Gippsland, their subsequent move to Broomfield and then Creswick.

Tony began as a gifted amateur photographer, delighting in capturing his young family making a life in this new country. The beautiful black and white images depict a very special time in the life of the family and the district. Of particular interest are his photos of activities at Calembeen Park, the swimming and diving competitions, as well as the annual Miss Creswick competition. It's hard to imagine now what it was like to celebrate fancy dress parties and school celebrations at the Broomfield School, but these pictures will bring all those memories back for those who were there at the time. Tony's work has been immortalised with his photo of the Town Hall on the IGA window facing the car park, as well as a photo on the board near the towers at Calembeen Park.

The real standouts of the collection, however, are the family shots - some formal, some playful, but always full of life and energy. Tony Schellens displayed a true gift for light and composition.

Gerda's book is for sale at the Creswick Post Office and can also be ordered from Gerda direct on 0477 233 388 or email *gerdas@live.com.au*. Whilst this photo essay is a delightful social history of Creswick and the Schellens family, it is also a labour of love - a daughter's homage to a gifted man who has left behind an enduring legacy. Once again, we have reason to be thankful for the contributions of a migrant family to Creswick and district.

Maria Taylor

#### Creswick Community Recovery Committee Report

This group of Creswick residents, local councillors and Council officers has met on a regular basis since September 2022 to discuss the many aspects related to storm damage and flooding within the town of Creswick. Initial meetings revolved around the stories of many residents, committee members included, and recognized the deep emotional impact as well as the physical damage caused by the events of January and October 2022. A listening post was conducted outside the IGA in early December to glean further input from affected community members and the information obtained informed the path forward.

The issues involved extend beyond simply cleaning out the creek; this is just one aspect of the problems identified. Others include overgrown and blocked tributaries including Nuggety Gully Creek, Saw Pit Creek, and Spring Hill Creek. Questions have been asked of Council as to the existence of strategic plans for management, inspection, and cleaning of these creeks along with numerous Council-controlled drains and those on private property.

Also identified were the shortcomings of aspects of the initial response to a flooding event, with the lead agency, the SES, not having a presence in Creswick nor an immediate local community line of communication, and the subsequent lag time in response. To this end, in conjunction with Council, a consultant will work with the Committee to develop a Creswick specific Emergency Management Plan.

In the aftermath of the disastrous storm on 5 January 2022, it was found that many residents had limited knowledge of where to obtain assistance and information. In order to address this, every household and business in Creswick and surrounds will receive a double-sided fridge magnet that provides emergency contact information on one side and on the other will be the contact details for agencies that can help after a disaster.

The emotional impact of the storm/floods is also an important consideration, and to this end it is intended to put in place a program for emotional first aid by engaging community members through an expression of interest to undertake a Train the Trainer program, and then run programs for interested community members. A local resource that is available to assist, through a program called Havening, is Kathy Burgum, and those interested contact can obtain her details bv emailing tacey55@qmail.com.

Photos are needed of the flooding/storm damage done in your area, especially photos that show the volume of water, where it came from and the impact it had on your property and surrounds. These photos can be sent to the above email address or dropped into the Creswick Hub.

Patrick Tacey Acting Chairperson, Creswick Community Recovery Committee



## Creswick Garden Club 25<sup>th</sup> Anniversary

The 25<sup>th</sup> anniversary of Creswick Garden Club was a day to celebrate with over seventy friends, members, Life Members and Past Presidents, alongside well-known guest speaker, horticulturalist and landscape gardener John Patrick. Everyone enjoyed the magnificent high tea made by club members.

John Patrick needed little introduction from Jenny Joliffe, Vice President of Creswick Garden Club, as he is well known locally through his involvement in helping to establish the club's Learning Day and, of course, through being a presenter on both *Burke's Backyard* and ABC's *Gardening Australia*.

He has also become a great friend of Val Lawrence, founding President of the club. Val said that John Patrick is a most generous and entertaining man. She firmly believes that without his input the Learning Days would not have got off the ground.

John Patrick gave a most interesting talk. Rather than reflecting on the past twenty-five years he decided to look forward to the next twenty-five and described how gardens might look in the future.

He believes that Australian natives are some of the most exciting plants in the world and there are innovative ways to experiment with plants and other natural finishes to increase the sensitivity to place and the overall composition of a garden. Planting in context with the landscape will become a feature of gardens and he thinks that gardeners will become more experimental.

'We have to look at doing things differently as European trees and plants may not cope with the changing weather patterns. This is certainly a time for all gardeners to broaden their horizons and face up to the challenge of planting in a different way.'

Another special occasion was acknowledged with the club presenting Kate Redwood, Vice President of Creswick Health – Central Highlands Rural Health, and Pam Saunders, Director of Nursing, with a donation to purchase two blood pressure monitors. Over the years, the club has raised money at different functions and members were delighted to present the Health Service with funds to purchase much needed equipment. *Fiona Watson* 

See photos on page 11.

# **Council news**

## HAMMON PARK UPDATE

tepburn

SHIRE COUNCIL

The Hammon Park Trailhead for the Creswick Trails is nearing completion and is expected to be open in late April. The community space features a shaded BBQ area, challenging cycling jumps, a learn to ride track and children's play area. The play area features a large shaded sand pit, see-saw, balancing and hopping trail, pick up sticks play structure, and an accessible nest swing and cubby house. The learn to ride trail is a scaled down model of the Creswick Trails with a balance log, gravel trail with mini-berm, rock challenge in a mock-stream crossing and small bridge elements for the littlest riders to explore. For more information on Hammon Park Trailhead and the Creswick Trails please visit www.creswicktrails.com/progress



## S S ANZAC DAY 2023

A Dawn Service will be held at 5.50am at the Cenotaph. Albert Street, followed by the Gunfire Breakfast at the Senior Citizens Rooms. A march will commence at 10.30am from the corner of Midland Hwy and Victoria Street. The ANZAC Day Service will commence at 11.00am at the Creswick Cenotaph. There will also be two up from 2.00pm in front of the RSL Hall.

For road closures and updates visit www.hepburn.vic. gov.au/ANZAC-Day-2023.

## COUNCIL PLAN FOCUS AREAS





A resilient. sustainable & protected environment

A healthy,

community



supported & past & empowered planning for the future



Embracing our Diverse economy & opportunities council



A dynamic & responsive

## 6 8 8 6 6 2023-24 BUDGET

We develop a budget each financial year. The budget provides a financial framework for Council to deliver our core services and the objectives set out in the Council Plan. It also outlines the financial and other resources we'll need to deliver our services over the financial year.

In developing the annual budget, we will consider the Council Plan, a list of priority initiatives or projects we're looking to achieve over four years, and available resources, including grant funding and income from rates, fees and charges.

In May, we will be asking you to comment on the draft Budget developed after taking into account all these important considerations. Keep an eye out on our website and Facebook page for key dates on providing your feedback on the draft.

## SUBSCRIBE TO HEPBURN LIFE

Sign up to receive the latest news from Council direct to your inbox. We'll send a newsletter to keep you up-todate with all that is happening in our beautiful Shire. You can subscribe at https://mailchi.mp/hepburn/sign-up.



## AVE YOUR SAY

Participate Hepburn is being updated regularly with opportunities for you to have your say.

Keep an eye on our Participate Hepburn website to find out how you get involved at https://participate. hepburn.vic.gov.au/.

## JOIN OUR TEAM

Are you looking for a career move or a job closer to home? We are recruiting new staff across a number of roles. Along with great teammates, we offer attractive and flexible working arrangements. Stay up-to-date with the latest job opportunities and apply at www. hepburn.vic.gov.au/jobs.



#### CONTACT US

t 5348 2306

e shire@hepburn.vic.gov.au w www.hepburn.vic.gov.au

facebook.com/hepburncouncil

April 2023



## **Bald Hills-Creswick Landcare**

So far this year, Bald Hills-Creswick Landcare has run a highly informative Seed Collection Day with Dan Frost, from Seeding Victoria, who demonstrated collecting, processing and storing seed from a variety of native plants. The group also participated in Clean Up Australia Day on 5 March. With the assistance of Geocaching volunteers, over three trailer loads of rubbish were collected from the Calembeen Park area.

Please see the *CDN* Forthcoming Events on page19 for the next events.

We also extend thanks to new members, and are ready to welcome others and to hear what they would like to see our Landcare group doing.

Anna and Bruce

baldhillscreswicklandcare@gmail.com



Also Timber, Tools, Electrical, Plumbing Paint, Garden, Automotive



## **ANZAC DAY MARCH**

The ANZAC Day March will form up at the Splash Park at 10.15am to step off at 10.30am.

Members of the public are welcome to take part in the March.

The March will be led by members of the RSL plus any serving and ex members along with transport for those members unable to walk the distance, followed by family members of current and ex Defence Force personnel.

This will be followed by guests from Defence International Training Centre (*DITC*). Last year only the Training Officers were able to attend as the students were in their home countries due to COVID travel restrictions to Australia.

This year there will be a full contingent from the *DITC* of nearly ninety teaching officers, students and seconded officers from the following eleven countries; Timor-Leste, Indonesia, Tonga, Thailand, Cambodia, Malaysia, Jordan, Laos, Philippines, Vietnam and Papua New Guinea. This will be their fourth ANZAC Day Service and March.

Following the *DITC* will be community groups. If you aren't in the parade, please support the March, the local RSL members and serving defence force personnel and welcome the international guests.

Phil Greenbank

Creswick-Smeaton RSL

# Time for a home loan health check!

With interest rates on the rise, there's never been a better time to review your home loan.

Enquire online at bendigobank.com.au/healthcheck or call your nearest branch on 5345 1233.

Community Bank - Creswick & District

## 🖁 Bendigo Bank

"Roy Morgan Single Source (Australia), December 2022. All loans are subject to the bank's normal lending criteria. Fees, charges, terms and conditions apply. Please consider your situation and read the Terms and Conditions, available online at www.bendigcbank.com.au or upon request from any Bendigo Bank branch, before making a decision. Bendigo and Adelaide Bank Limited ABN 11 068 049 178 AFSL 237879 (1676698-1734981) (05/22) OUT\_28500331, 17/03/2023

## **Creswick Neighbourhood Centre**

Term 2 has kicked off and there are lots of things on at the Creswick Neighbourhood Centre (*CNC*). Please pop into the centre to grab a hard copy of the term 2 brochure or download it from the website *cnc.org.au*. Lots of new things on - pilates, new courses and school holiday activities for kids.

*CNC* is still processing \$250 Power Saving Bonus applications for people. This is an initiative of the Victorian Government. Call 5345 2356 to make a time for one of the friendly *CNC* team to process your \$250 bonus. The *CNC* will receive \$10.00 for helping you – how good is that! All households are eligible for the one-off cash payment.

Need some documents certified? Well, you are in luck. In March, *CNC* welcomed two JPs, who are offering their services free of charge. They are here on Wednesday, 12.00pm-1.30pm and Thursday, 10.00am-11.30am for all your certification needs. No appointment needed.

CAFS Housing Support Services are also available on the fourth Wednesday of the month, offering assistance to those experiencing homelessness or with insecure housing arrangements. No appointments needed.

Anglicare is now distributing their Emergency Relief food packages on the second Wednesday of the month from the *CNC*. If anyone requires this support, they must register with Anglicare PRIOR to the pick-up date by calling 5333 0600.

*CNC* will continue to offer the free Share Pantry at the rear of the *CNC* for anyone in need. Donations are always welcome too.

The kettle is always on for a cuppa.

Chrissy Austin Manager

## **MUSIC NEWS**

The Don Huntley Memorial Piano Recital will be held on **Saturday, 13 May, 7.30pm** at Wendouree Centre for Performing Arts. Outstanding Sydney International Piano Competition winner, Konstantin Shamray, will perform Franck, Ravel and Prokofiev.

Bookings: www.wcpa.com.au or 5338 0980. Bron Sozanski

## GOLDFIELDS VETERINARY SERVICES

5 Castlemaine Road Creswick

Ph. 0343 110 101 Hours: Mon / Wed / Fri 8.30am - 5.30pm Tues / Thur 8.30am-3.00pm; 6.00pm-8.00pm Sat 9.00am - 12pm A.H. By appointment

Companion and Farm Animals





General Manager, Steve Breuchert

## John Curtin Aged Care Inc

John Curtin Aged Care is pleased to announce that it has had its accreditation by the national Aged Care Quality and Standards Commission confirmed for a further three years and has also retained a four-star rating. General Manager, Steve Breuchert, and all of his staff, are to be congratulated on this result. This review was the most rigorous in the facilities forty-plus years existence, with more than fifty-five residents and relatives interviewed as part of the assessment. This has meant greater work for the team, but they confidently rose to the challenge.

The team has been working to ensure the residents have an interesting and active lifestyle. A recent visit to Calembeen Park to join the celebrations at the opening of the new change facilities allowed some residents to appreciate this beautiful spot right on our doorstep.

John Curtin Aged Care is our own local and high quality residential aged care service. Pride is taken in caring for the elders of our community and welcome inspections by appointment.

Susan Craven, President



# Intimidation, suggestive jokes, exclusion...

Gendered violence comes in many forms. All are OHS issues. All are unacceptable.

Employers have an obligation to protect their workers.

Q WorkSafe Gendered Violence



Reducing workplace harm.



## The Art of Living

By Craig Barrett

Art surrounds us and influences our lives in so many ways, not just pictures on a wall. Looking through various dictionary and encyclopedia definitions of ART, they do vary somewhat. However, the overriding reference has to do with aesthetic and intent. So let's begin there.

For some cultures this meant the visual – painting, sculpture and so on. For some it became poetry or music or dance. Some cultures embraced all of the above, and more. Sometimes it was about beauty, balance, poise – sometimes the opposite. I am thinking here of the formidable painting by Picasso, *Guernica*, the subject being the bombing of that Spanish town during the Spanish Civil War. The Art has something to do with the integrity of the moment, the serious exploration - a statement, not just wallpaper.

In medieval Europe one of the highest art forms was the illuminated manuscript. Very few people outside the monasteries could read or write. These manuscripts are as highly valued now as they were one thousand years ago. Similarly, at that time, some areas of the Muslim world forbade the use of images, however, they developed the most exquisite calligraphy as the written word to express their faith.

I have never been to Japan on my various travels, maybe one day, but I have always been fascinated in the many forms of art in the Japanese culture. From the *sumi-e* painting technique that I studied in my art college years, to the architecture and sand gardens of a Zen Monastery. From the presentation of food, the tea ceremony, the art of ikebana (flower arrangement), and of course, haiku poetry, where so much is expressed in so few words.

I think that is the difference between Art and Craftsmanship – the intent.

I have always loved the idea of the Scholars' Rock that adorned the desk of Chinese and Japanese scholars. *Gonshi* in Chinese, *suiseki* for the Japanese, these are natural stones that have several qualities that mimic the natural world. Beautifully mounted on a carved wooden base, they would sit on the desk to contemplate the natural world. We all should have one!

The ancients used to paint story-telling on cave walls. Beautiful in their own way, but storytelling never-the-less. Contemporary art seems to be about the same thing – less about the aesthetic, more about the story. Looks like we have come full circle.

www.craigbarrett.com.au





Creswick Garden Club 25<sup>th</sup> Anniversary



L-R: Val Lawrence, Jenny Jolliffe, Pam Saunders Director of Nursing Central Highlands Regional Health and Kate Redwood Vice President Central Highlands Regional Health



L-R: John Patrick and Leanne Murray See Garden Club article on page 6.

April 2023



## **Creswick Capers** Busy Build Up to End of Term

Last month saw more and more regular activities return to the Creswick Primary School calendar, along with some new opportunities for students. During March, the Sporting Schools' program continued with gymnastics. The school cross country events were also well patronised by family and friends supporting all students in their endeavours to complete their personal bests.

The grade 4 students attended a two-day camp at Log Cabin Lodge in Creswick, where they were able to participate in a variety of activities which often challenged their fears. Many of them had a go on the giant swing, the zipline, the flying fox, along with lots of team building initiatives and eating lots of yummy food.

The P – 2 and 3/4 classes travelled to Bacchus Marsh to visit *Ecolinc*, where they had hands-on experiences around the concept of *Reuse and Recycle*. They were shown ways to look after the environment by recycling food scraps and general rubbish.

The grade 3 and 4 teachers, along with the Education Support staff, have been completing a six-week personal development workshop around the spelling program, *Sounds Write*. Each week they have combined the theoretical and practical elements of the sound studies within their own classrooms. This has involved making video clips, analysing data and student work and creating new strategies to assist students in further developing their spelling abilities. The *Sounds Write* program is an explicit and systematic phonic program where students are learning to read, spell and write words and is a program used consistently across the entire school.

The Junior School Council students and many other helpers have been working hard to raise money for the annual Royal Children's Hospital Appeal, with icy-pole sales, a dress-up day and a huge Easter egg hamper. These activities have been extremely well supported by everyone for such a worthy cause.

The term will conclude with some Easter multi-age days filled with craft and visual arts activities, cooking and active tasks, where the children will experience working with different teachers throughout the day.

So at the end of a very busy term, I hope that everyone has a safe and chocolate-filled Easter and stay safe if travelling.

Vicki Hughes Classroom Teacher

Will and Nixin ready to go on the Zipline.





## Northerly News A Fishy Time

Every year students look forward to the fishing day with the Fishcare group. Usually it is held at St George's Lake, but this year it was Lake Dewar in Myrniong. The year 3-6s had a wonderful day, with lots of fish caught (and released), mostly rainbow trout. A couple of the really large ones were kept though! The students and staff also enjoyed a sausage sizzle for lunch in the warm weather. What a great day.

All students had an invaluable incursion visit from St John's Ambulance who did some First Aid sessions with each grade. Learning the basics of CPR and Danger, Response, Send, Airway, Breathing, CPR, Defibrillation (DRSABCD). These are important skills for everyone to learn, even primary school students.

Once again students did an amazing job at the Wathaurong Cross Country event held at Russell Square in Brown Hill. They train hard for this from the beginning of the year and the results reflected their efforts and hard work. This was the school's largest ever team of eighteen students who made the qualifying times. More than half of them finished in the top five. An amazing effort! Some will qualify for the next round at Fed Uni.

It's always a busy time at the end of the term with lots happening. Everyone is looking forward to the Easter holidays. The After-School Program, run by OSHClub, operates a wide variety of fun activities each day.

If you would like a school tour to experience our fantastic school, please call us on 5345 2012.

Matthew Reyntjes Principal



Year 6 student Nash catching a fish at Lake Dewar.



## St Augustine's School

#### Farewell to Mr Terry Brennan

This month St Augustine's says farewell to Mr Brennan who has been the principal for twelve years. Mr Brennan became unwell at the end of 2022 and will not return to St Augustine's. The school wishes him well.

The following comments are what the Year 6s think about Mr Brennan:

*Mr Brennan used to freak out when we told him food combinations he could eat.* 

He gave a smile every day.

He is an amazing principal.

He is a thousand times better than my old principal.

He is a wonderful person.

He has always been with us through our whole of primary school. I love how he always makes me laugh and brings a smile to my face. He is persistent.

He is fun.

He always stops and talks to us.

The process has begun to find a new principal. Sincere thanks Mrs Afford and Mr Mohr who have been looking after the school this year.

A school expo was held in March where families could visit the classrooms to experience a day in the life of a student of St Augustine's.

Quite a few students prepared for the Sacrament of Reconciliation which took place on Thursday, 30 March. Congratulations to the students involved.

#### Edward and Christian, Editorial Team







58 Albert St, Creswick Jeff Unmack B.Pharm M.P.S

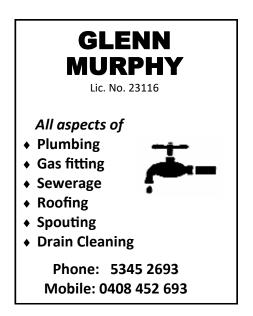
Fax: 53451347

email: admin@creswickpharmacy.com.au



Creswick Pharmacy is now taking bookings for 2023 influenza vaccinations. Over 65s vaccines are also available. To book, phone 5345 1237.





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CRESWICK DISTRICT NEWS



#### CRESWICK IMPERIALS CRICKET CLUB End of Season

Creswick Imperials Cricket Club has had a fantastic season across the two senior and three junior teams. The second XI Division 2 team played in the Grand Final against Lucas but unfortunately it was not their year. Highlights of the year included several 100s (and a few 80s and 90s) by the batsmen. The bowlers also had a fine year with Sandaken Pathirana, six times taking five-wickets during an innings – and winning the Ballarat Cricket Association's Bernie Davey Medal for the second XI competition. The fifth XI team also finished second on the ladder but lost the semifinal to eventual winners Ballarat Redan.

The U15 team made it to the semi final before being beaten by a strong Buninyong team. The team displayed great teamwork and sportsmanship and everyone is very proud of their efforts. Jackson Chalmers had a strong season with the bat, winning the club Batting Award and also the club's Creswick IGA Best Player Award. Jackson then won the Ballarat Cricket Association U15 Division 2 Best Player.

The Bowling Award went to Captain Charlie Jones; Most Consistent to Robbie Charles; Most Improved to Sean Robertson and the Coaches Award was won by Jack Pegg.

The Under 13s had a solid year finishing just outside the finals. The team worked hard on their skills and look forward to an even more successful season to come. The Bendigo Bank Champion U13 player was Xavier Deane, who also won the club Bowling Award while the Batting Award went to Ben Charles; Most Consistent to Will Haynes and the Coaches Award to Milla Preston.

Thanks to all the junior coaches – Justin Robertson, Mitch McDonnell, Luke Thomas, Tynan Spenceley and Dale Chalmers, all parents and of course the cricketers! The club looks forward to next season and fielding a fourth junior team with boys and girls all welcome.

Please contact Miranda Chalmers 0447 654 071 for more details.





Left: Jackson Chalmers BCA U15 Best Player Right: Sandaken Pathirana Bernie Davey Medallist



Creswick Imperials U15



Creswick Imperials Second XI Division 2 team





## Creswick Lions Club Fifty Years of Service

The Creswick Lions Club has now entered its 50<sup>th</sup> year of service to the community.

On a sad note, Lions recently mourned the passing of the very diligent and efficient secretary, Barb Urry. Barb moved to Creswick about four years ago and threw herself into being a member of the Creswick Lions Club and two years ago took on the role of secretary. Not long after making this move, Barb was diagnosed with cancer and fought a very brave battle until her passing on Sunday, 12 March. A true friend has been lost.

Although membership is low, the club continues to function, raising funds to be distributed throughout the community, especially for welfare needs, as well as supporting some wider Lions projects.

In coming weeks, the following activities are happening: a Bunning's Sausage Sizzle, catering for the two-day Victorian Rogaining event that takes place on the forest tracks surrounding Creswick and providing the monthly Creswick Market sausage sizzle. As winter settles in, there will be one or two wood raffles (even if you don't have a wood heater these days, there are many in the community who would benefit from your contribution).

Late last year a call was put out for volunteer helpers which received a great response. In late March a thank you dinner and briefing was held for these people.

Membership is a real concern for the club; community minded people are needed to join and help provide service to the community. Lions often receive acknowledgment for the work done but this doesn't materialise into membership. **Please consider joining.** The perception that Lions is for old people is incorrect. Lions Clubs have Cubs (an under twelve group); Leos (for one plus members into early adulthood) and then Lions Clubs.

Come to a meeting or contact Pat on 0429 581 591 or Membership Chairperson Maria on 0410 499 007 and learn more about them.

Pat Tacey, President



## THE OLD ENEMY

#### By John Riley

I'm fighting a battle that cannot be won. A battle that I never knew had begun. Cherubic and safe in my mother's embrace, No fear of the world and all I would face.

The wonders of childhood raced through my brain With love, learning and laughter I could attain whatever would add a string to my bow. And the Enemy kept its profile low.

When I was a teen and had no fear, never suspecting the foe was so near. With a breaking voice and an acne'd face, I rushed to be part of the grown-up race.

So, flexing my muscles and smiling my smiles, Dressed to impress in the latest of styles. I faced life's problems and stood up tall, at twenty-five years of age, I knew it all.

Suddenly, I was forty, and yearned for my youth The Enemy was starting to show me the truth. To be a middle-aged man, I wasn't so keen. When I looked in the mirror, my Dad could be seen.

The first signs of battle were a cause of despair, lining my face and stealing my hair, spoiling my eyesight and slowing my gait, more achievements in life could no longer wait.

The next age was sixty, no longer spry, the enemy was looking me right in the eye. It was face to face battles in all sorts of ways. Old age had found me, I was joining the "greys". Why are there so many funerals? Why can't shop servers see me?

How come so many doctors are teens? Why are buttons so hard to do up?

Asking my friends "How are you going?" has become a risky business – the reply might take hours.

Why is music so loud? How come I can remember my grade five teacher's name but not what I had for lunch yesterday?

Why can't I balance on one leg? Where have my muscles gone?

Old age has become a (mis)guided tour of health providers and plastic pill dispensers.

I'm fading away like a bouquet of flowers.

Who has decided that mysterious acronyms are better than proper words?

Why does new technology refuse to co-operate with me? How come so many of my body parts have been replaced and/or re-enforced?

Let's face it; I'm losing my powers.

The Old Enemy has my life in a grip but I can still smile. I'll battle it out and grow older in style.



## Kingston, Friends of the Avenue Inc.

A huge thank you to the twenty-seven volunteers who worked tirelessly for two hours to prepare the Avenue for ANZAC Day. If you couldn't make it this time, maybe you can join the next one to prepare for Remembrance Day. Thanks again to the Kingston Fire Brigade for providing a home base. Thanks also to Claire and Greg for their organisation, to Josie for ordering the food and to Bruce who stepped in at the last minute to cook the BBQ lunch. Thanks to Hepburn Shire Council for picking up after us. The adage **many hands make light work** rings true. Overall, a job very well done!

The Avenue really looks fantastic. Take a drive to see it in its autumnal beauty and visit the Resource Centre at the Commercial at Kingston for lunch, dinner or coffee. Their opening hours are 12.00 noon Friday, Saturday and Sunday.

For more details, please ring 5345 6576 or 0408 007 464.

#### **ANZAC Day Service**

This year the guest speaker is Lucas Duffy. Lucas is studying a double degree in Commerce and Finance at Monash University. He is the great-grandson of John Thomas O'Connor, Tree West 32. Lucas is nineteen years old, three years younger than John Thomas when he enlisted. Although Lucas is a city kid living in inner Melbourne, he has visited Tree West 32 with his extended family every ANZAC Day for as long as he can remember and is looking forward to speaking about his family's connection to the Avenue. He is also looking forward to attending the Dawn Service in Creswick.

Please assemble at 8.30am for the 9.00am Service at the Cenotaph, corner of Victoria and Kingston Roads. The Service will conclude at 9.30am to allow time for people to travel to the Creswick Service. If you are able, please stay for morning tea.

Don't forget the plant stall at the Creswick Market on 20 May.

Julie Baulch Kingston, Friends of the Avenue, Inc. kingstonfoa@gmail.com

## Justice of the Peace

A Justice of the Peace will be in attendance Creswick Neighbourhood Centre, 19 - 21 Victoria Street, Creswick. Wednesdays, 12.00noon to 1.30pm, Thursdays, 10.00am to 11.30am. No appointments required, just walk in. Please do not sign documents until you see the JP.

#### CresFest

#### Thank you to local people for making *CresFest* possible through their support

The American Hotel	Artist accommodation /			
	venue support			
Community Bank Creswick & District				
	'Community Bank Lights up			
	Creswick'			
Creswick Bus and Coach	Publicity across regional Victoria /			
	bus driving			
Creswick District News	Promotion of CresFest			
Creswick Football/Netball Club Operations help				
Creswick Neighbourhood Centre Everything				
Creswick Masonic Lodge	Venue support			
Creswick Pharmacy	Funding St John's Ambulance			
	attendance			
Creswick Primary School	Venue support /			
,	accommodation support			
Creswick Theatre Company	Venue support			
Creswick-Smeaton RSL	Venue support			
Creswick Senior Citizens	Venue support/shuttle bus driving			
Creswick Woollen Mills	Funding the Town Shuttle Bus /			
	prizes			
Dean Recreation Reserve	Artist accommodation			
Djaara Corporation	Welcome to Country			
Farmers Arms Hotel	Artist accommodation			
Hepburn Shire Council	Infrastructure support; venue			
	support, staff support, funding			
	through Regional Events Grants			
IGA Creswick	IGA Busking competition /			
	artist hospitality			
Kingston & District Agricultural Society				
	Artist accommodation			
Log Cabin Camp	Artist accommodation			
Miles Electrical	Lighting genius			
Leaver's Hotel	Venue support			
Pavilion Arts	Postcard show			
PRD	Publicity throughout the region			
RACV Goldfields Resort	Artist accommodation /			
NACV Goldheids Neson	-			
Ragional Arts Vic	art exhibitions / prizes Small Regional Presents Grants			
Regional Arts Vic				
Uniting Church in Australia	Venue support, St Andrew's Creswick			
University of Melbourne	Venue support/provision of artists			
Westnet Plumbing	Fixing stuff up			
YouThrive Victoria	Venue support/provision of artists			

#### Local people adding their artistic skills to the event

- Alisa Tanaka-King Alison Parkinson Andrew Bell Archer Casey Bennetto Catherine Fremantle Creswick & District Ballroom Dancing Creswick Brass Band Creswick Chorus Creswick Cloggers Creswick Drum Circle Creswick Folk & Acoustic Music Club
- Creswick Kids Choir Creswick Swing Dancers Creswick Ukestra Holly Sewell Hotclub of Hepburn Jackie Graham Jason Jones Loris Button Natasha Middleton Rachel Turner Rubber Band

### 100 Years Ago

#### Compiled by Creswick Museum

#### April 6, 1923

The Creswick Tile Co. wants prices for excavating about 30 cubic yards of earth at Frenchman's Gully. Tenders close with the manager on the works at North Creswick on Tuesday, 10<sup>th</sup> April.

#### April 10, 1923

The united Anglican and Presbyterian Flower Show will be held in the town hall on Wednesday (tomorrow) afternoon and evening, to be opened at 2 o'clock. There will be various stalls for the sale of fancy goods, produce etc.

#### April 13, 1923

A special picture programme (at usual prices) will be shown at the Creswick Town Hall on Saturday (tomorrow) evening, when Wesley "Freckles" Barry will appear in Booth Tarkington's famous story, "Penrod". This is a picture with an appeal to all ages, that takes old fogies back to boyhood, and makes them laugh as much as the kids in the next seat, or the twenty year olds up in the dark corner.

#### April 17, 1923

Allendale – The construction of loading ramps at the railway station has been in progress, and when the gang of departmental workmen complete their task, much greater convenience will be afforded the farmers and traders for handling heavy machinery and cargo.

#### April 20, 1923

Football - Newlyn Club have found it necessary to shift quarters this season. Mr. W. H. Yelland has very kindly come to their aid, placing an area of land at their disposal for the season. This is on the opposite side of the road to the blacksmith's shop and should be very suitable for their purpose. Members of the club intend holding a 'working bee' there on Saturday (tomorrow) afternoon, to get the playing arena in order.

#### April 24 1923

To all who are interested in the Creswick State School, a reminder is given in our advertisement columns of a meeting to be held at the school at 7.30 o'clock on Thursday evening, to arrange for raising money for a sewing machine for the school.

#### April 27 1923

#### Allendale and Smeaton Football Club

All intending players of the above club are notified that a trial match is to be held on the Smeaton ground tomorrow (Saturday) afternoon at 2 o'clock, and they are requested to be in attendance.



- martha.haylett@parliament.vic.gov.au
- marthahaylett.com.au
- MarthaHaylett4Ripon
- Normal by M.Haylett, 177 High Shoet, Maryborough VC 4050





### CRESWICK AND DISTRICT

#### FORTHCOMINGEVENTS

Landcare General Meeting on Earth Day Saturday, 22 April, from 11am at Calembeen Park, including a BBQ. Guest Speaker: Sally Morgan from Geocaching.

ANZAC Day Service Kingston - Tuesday 25 April 8.30am for 9.00am at the Cenotaph, corner of Victoria and Kingston Roads.

ANZAC March Creswick Tuesday 25 April 10.15am

Annual Honour Roll Dinner Creswick & District Historical Society. Friday, 19 May. Tickets from Jack van Beveren on 5345 2658 or Marjorie Poole on 5345 2065

**Kingston Friends of the Avenue Plant Stall** at the Creswick Market –20 May.

Calembeen Park Working Bee (Bald Hills-Creswick Landcare Group)

Saturday 20 May from 2pm. All welcome.

Anglicare Emergency Food Relief – 2<sup>nd</sup> Wednesday of the month 10.30am – 12.00pm. All Concession cards welcome, ring ahead on 5333 0600 to receive your pre-packed Food Hamper. Collection is from Creswick Neighbourhood Centre, Victoria St.

#### Anglican Parish of Springmount

St John's Church, Napier Street, Creswick. Holy Eucharist: 10.00am 2<sup>nd</sup> and 4<sup>th</sup> Sundays. Short contemplative Eucharist: 10.00am most Tuesdays. Contact: Fr Chris Keast 0402 820 544 **Business & Tourism Creswick Inc.** Meet every second Tuesday of the month at 7pm and open to anyone who is interested. Old

Creswick Railway Station. Contact the secretary Margaret Giles on *info@creswick.net* 

Catholic Parish Creswick St Augustine's Church Mass Sunday 9.00am except 1<sup>st</sup> weekend month Vigil Mass Saturday 6.30pm Contact: Fr Justin Driscoll 0448 220 685

Creswick Cemetery -Gates Open 9.00am to 5.00pm. Daily

**Creswick-Clunes Uniting Church Parish** Every Sunday - 9.30am All Welcome. 130 Albert Street Creswick (The pretty pink church on the hill) Contact Rev. Rosemary Carter 0431 286 285

Creswick & District Aquatic Centre Inc. - first Wednesday Feb. Apr. Aug. Nov 7.00pm Phone 0434 071 185

**Creswick & District Historical Society** fourth Thursday every month (except December and January) Seniors' Club rooms 2.00pm. Phone 5345 2065

**Creswick & District Hospital Auxiliary** meets at hospital last Monday monthly 7.30pm. No meeting in June. New members welcome.

Creswick & District U3A -0490 444 519 email

info@creswicku3a.com website www.creswicku3a.com

**Creswick Folk Club** Second and fourth Friday 7.30pm, Creswick Railway Station, Contact John Harris 0428 842 234 **Creswick Garden Club** - first Tuesday every month (except January) Seniors' Club Rooms 1.15pm.

REGULAR AND ONGOING EVENTS

**Creswick Havilah Lodge** -Meeting fourth Thursday every month 7.30pm. Bob Orr 5345 2165

Creswick Lions Club second Wednesday every month. 7.00pm R.S.L. Hall Membership Chairperson Maria Marco 0410 499 007 *mariamarco3363@gmail.com* 

**Creswick Market** - Third Saturday every month 9.00am-1.00pm. Creswick Neighbourhood Centre, A happy small town market, bookings 5345 2356 *creswickmarket.com.au* 

**Creswick Probus Club** - first Tuesday every month (except January) meetings St Andrew's Hall, 10.00am. Inquiries Joan 5334 4207

**Creswick Senior Citizens** last Friday each month members enjoy social day and \$5 Lunch at Seniors' Clubrooms 12 noon

**Creswick Senior Cyclists** meet Sundays and Wednesdays, 10.15am Creswick Band Rotunda. All casual cyclists welcome.

**Creswick Walking Group** Tuesdays and Thursdays 8.30am. Meet Albert Studio, Cnr Ballarat Rd and South St. All Welcome, Rain, Hail or Shine.

**Creswick Ward meeting** second Monday every month. **Cr Don Henderson** 7.00pm Creswick Railway Station

#### Cr Tim Drylie by

appointment Creswick Community Hub Ph. 0427 503 258 Email: tdrylie@hepburn.vic.gov.au

**CRWA** - Members Meeting -First Sunday every month 1.00pm after Working Bee. Railway Workshops Precinct Judy 5345 1374

Friends of Park Lake First Monday of month, 10.00am Creswick Hub Meeting Room. Wine O'Clock, 3.30pm every Wednesday on the Park Lake jetty. Enquiries: *pres.friendsof parklakecreswick@gmail.com* 

Joeys, Cubs, Scouts and Venturers - every Thursday during school term. Enquiries via Scouts Victoria website scoutsvictoria.com.au

Museum Research Centre -Open Saturdays, 11am to 3pm. Email requests to info@creswickmuseum.org.au

**Music Jam** for music lovers every Friday 7.00pm-9.00pm Neighbourhood Centre. Audience welcome

**Pavilion Arts & Sustainability Inc** meets 6.00pm on the 1st Monday of month Senior Citizens Room.

**RSL meeting** - last Wednesday each month 1.00pm. RSL Hall Phil Greenbank 0490 374 006

**Tipplers** - third Wednesday every month. email: *barrymarj@hotmail.com* 

**VOGA Cycle Club** Regular group rides that may be road, CX or MTB. Details on VOGA Facebook page. Free club membership via *www.vogacycleclub.com.au* 



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