

Creswick District News

Still Priceless

Issue 277 September 2022



CRESWICK CAPERS - Exploring city life



A lot of events have happened over the past month at Creswick Primary School and none more important than the Foundation students completing one hundred days of education. They enjoyed a range of activities around this theme. It is wonderful to see how these children have developed their academic skills, confidence in their own abilities and socialisation skills over this time. Already many of them are quite independent learners and demonstrate excellent communication skills in and out of the classroom.

In the Grade 5/6 area, students were finally able to head off on camp, an event they had missed for the previous two years. The three-day program took place in Melbourne, where the students were immersed in a variety of urban life activities. Students visited Parliament and Treasury where they had a hands-on experience in the chambers with role-play. They took part in walking tours looking at the Arts, Aboriginal culture and Melbourne development over the years. Many students overcame their fears when they visited the 88th floor of the Skydeck and were able to enjoy a panoramic view of Melbourne in the light and as dusk fell. For many of the students the highlight was going to the Queen Victoria Market on the final day, perusing the stalls and choosing how to spend their money.

They also saw how many city dwellers shop for their everyday needs. Travelling on public transport was also a challenging, but fun task, involving trains to and from Melbourne and trams around the city. Through this experience, the grade 5/6 students experienced first hand the hustle and bustle of a large city and the many interesting aspects that it has to offer everyone.

Vicki Hughes
Classroom Teacher



Friends of Park Lake

GREAT EFFORT, THANK YOU



After almost a quarter of a century, the inimitable Val Lawrence has resigned from the Friends of Park Lake. The Creswick community will always be indebted for the work the Pixies have achieved.

From an absolute wilderness choked with brambles and weeds, which is now on its way back to its former glory, Val leaves behind a strong foundation for future volunteers to build upon.

For this, we say thank you!

Maria Marco, Treasurer

Creswick District News

The CDN is a community newsletter imparting local information. Copy is invited from individuals and community groups reporting or advising on local events. All contributions are accepted in good faith with no intention or desire to misinform or offend. Articles must carry the name, phone number and/or email address of the sender. The Editor reserves the right to edit or not publish any article. Views expressed are not necessarily those of the CDN Team.

The next issues of CDN
19 October 2022
16 November 2022

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The *Creswick District News* is available beyond this district at \$20 for 12 issues mailed to a destination within Australia only. Contact the CDN with recipient's details at cdn@cbl.com.au

The CDN is also available online at
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Creswick District News Inc. gratefully acknowledges the ongoing support provided by the **Community Bank Creswick & District.**

Senior Cits News

The warmer weather creeps in every now and then, which improves the social day attendance. A yummy hot lunch was enjoyed by all, followed by entertainment provided by Barry and David. Our president, Gary, set up a trivia game, which was fun. Next social day will be Friday, 30 September.

The Positive Ageing Strategy meeting on Monday, 22 August was attended by five members from Seniors Club, who found it very interesting. A very good display of aged care products prompted interested inquiries.

As the year appears to be slipping by so quickly, thoughts of Christmas are in mind. A booking for Christmas lunch has been made for 11 December. Please put your name down for catering purposes.

Get well wishes to anyone on the sick list.

June Gray
5334 6526

The Creswick Garden Lovers Weekend Needs You!

**Saturday 12 and
Sunday 13 November**

The organising committee for the *Creswick Garden Lovers Weekend* is seeking volunteers to assist with the event. This will be held on the weekend of November 12 and 13. Volunteer roles include selling raffle tickets which will commence in October, assisting at the Creswick Neighbourhood Centre Hall, which is the sole sales venue and at various gardens collecting tickets and providing information.

All volunteers will be invited to attend a picnic day on 27 October. This will offer a preview of all eight open gardens and lunch in one of the gorgeous gardens. Training and information will be provided. If you are able to assist please contact Margaret Giles via info@creswick.net and kindly provide your contact details.

Smeaton Presbyterian Church

Smeaton Presbyterian Church Ladies are holding a Blume's Fashion Show at the Smeaton Bowling Club on Tuesday, 20 September at 10.00am.

A cuppa will be served. Admission \$5.00.

Frances Muller
5345 6251

creswick Rainfall

Monthly Totals as sent to Bureau of Meteorology by Frank Slade.

	2020	2021	2022
	mm	mm	mm
January	53.5	134.5	163.0
February	34.0	13.0	1.0
March	36.5	79.5	49.0
April	97.5	20.0	65.5
May	60.5	79.0	39.3
June	62.5	99.9	104.5
July	35.7	106.5	51.0
August	124.5	66.5	156.0
September	67.0	70.5	
October	73.0	91.0	
November	52.2	66.8	
December	58.5	26.3	
TOTAL	755.4	853.5	629.3



BECOME INVOLVED IN YOUR COMMUNITY!

Business & Tourism Creswick Inc. AGM Wednesday, 5 October

Business & Tourism Creswick Inc is a voluntary organisation working towards promoting Creswick and its businesses. BTC has advocated for tourism infrastructure over the past twenty years such as the *Creswick of the Lindsay's Trail*, the *Buried Rivers of Gold Trail* and the *Magic Pudding Playground*. The playground has been in limbo with a promised stage two for the past ten years. However, a community driven desire to see the playground completed is now in progress.

For the past nine years, BTC has managed and promoted the *Creswick Garden Lovers Weekend* which has proved to be very successful. It has also managed a website, www.creswick.net, which promotes local attractions, has a local business directory and is an excellent source of information for Creswick, its attractions and businesses.

This work will not continue unless BTC attracts more skilled people to the committee. If we cannot find a committee this year, the organisation will go into recess but continue to advocate for the *Magic Pudding Playground*. **All other work undertaken by the committee will not continue.**

BTC is seeking people with a wide variety of skills such as web management, marketing, writing submissions for grants and/or an interest in building community connections and assets. BTC advocates to Hepburn Shire Council, works towards their Action Plan and undertakes some fundraising. Most importantly you must enjoy working with others with respect and camaraderie. If you think you would like to be part of this important committee we would love to hear from you.

The Business & Tourism Creswick Inc AGM will be held on Wednesday, 5 October at the American Hotel. You may come along for dinner at 6.00pm or just the meeting commencing at 7.30pm. Nominations for the committee will be required fourteen days prior to the meeting. No nominations will be accepted on the night.

Please contact the secretary, Margaret Giles, at info@creswick.net or phone 0419 326 453 for nomination forms and information.

Creswick & District Historical Society

Nominations for next year's Honour Roll are now due and should be submitted by the end of September. Enquiries to Marj Poole on 5345 2065.

Gardens and Health

By Rhonda Cotsell

We all know that gardening is good for us, but there are also benefits not as obvious as fresh air and tomatoes straight from the plant. For example, I came across an item recently that said there was something in the soil that acted the same way as antidepressants. So I checked and found more than one article, research based, that described how each time our hands are in the soil our skin is exposed to *mycobacterium vaccae* – a bacterium which can act on a part of the brainstem (near the bottom of your brain at the back of the skull) which affects our levels of serotonin by increasing how much is released into our bodies. This affects how our body works and our behaviour, including how we react to stress.

There are other benefits beside helping us cope with sadness or stopping us from throwing things. Exercise - in our garden we are constantly moving. We lift, carry, bend, walk, haul and stretch, using many parts of our bodies. We breathe fresh air under a Vitamin D showering sun. We, and those we live with, gain from the nutritional benefits of eating vitamin and mineral rich fresh fruit, vegetables and herbs, including edible weeds and flower heads. All chemical free whether picked fresh on the run or cooked, pickled, preserved, sat on the bench for a bit, or stored where applicable. There are also other psychological benefits apart from increased uptake of serotonin. Stress can be relieved in the regular routine tasks, or in resistance and strength building activities like hauling, digging and pushing mowers.

What works for me especially is hand weeding, but there is also pruning and its disposal and spreading compost and mulch. Another psychological benefit is social. When you get the gardening bug you are joining an enormous tribe that will chat with you at the drop of a hat about anything garden related. Another thing I found while checking the relationship between soil and antidepressant effect was that flowers also have the power to calm us by decreasing our levels of the stress hormone cortisol through smelling, pressing, planting, creating flower arrangements and making topiaries. But none of this is entirely new as everyone who gets to mess about in a garden already knows that to garden is to be blessed.



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Pet Blessing and Cafe Church



Animals are a very important part of our lives. St Francis of Assisi Day is on 4 October. His celebration of the whole of creation and that animals don't worry about food, clothing or getting ahead is a good reminder for us all.

You are invited to bring your pets. Please ensure they are appropriately leashed, in proper carrying containers as we don't want any mishaps. Some animals may need to be outside rather than in the hall. (No crocodiles or venomous snakes, please - although they are precious in God's sight!)

The blessing will be part of a service of Christian worship held in the Church Hall. It will be in a cafe style. Morning tea will be served. Masks are encouraged, especially for any singing.

25 September 2022

9.30 - 11.00am

Creswick Uniting Church (St Andrew's)
130 Albert St (Ballarat Road) Creswick

Please contact:

0431 286 285 for more information.



St Augustine's School News

Book Week and Grade 6 Camp

Again it has been quite a wet and busy month. There was a Book Week parade, the fourth *Little Feet Big Footprints* day at St Michael's Daylesford and year sixes had their last primary school camp.

The Book Week celebration was held on 26 August. Students dressed up in costumes and paraded around the hall. Some parents came to look at all the amazing costumes. The teachers dressed up as animals out of *Stellarphant*. *Stellarphant* is an extremely amazing book that teaches kids to never give up on your dream no matter what. Overall, Book Week was very enjoyable and fun.

On 22 August, the year 6 students left for a two night camp at Campaspe Downs. The activities included canoeing, archery, giant swing, abseiling, aeroball, the leap of faith, team challenge, sensory trail and passport to the world. They had a great time.

Earlier in August, another *Little Feet Big Footprints* day was held at St Michael's, Daylesford. Everyone got to talk to the St Patrick's College indigenous students about what their home is like and what their interests are. Children worked on group projects which are due back in October. There was also a teamwork exercise, which was completed in their high school groups, where everyone looked around St Michael's for clues. The winning team was Loreto College, Ballarat. Everyone had a very enjoyable day.

Editorial Leaders Miley, Ellie, Amelia and Isla



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**If this is you, then please contact Dick Campbell on
0407 082 679 or email me at dcam85@bigpond.com.**

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Saturday 26 November

9.00am - 4.00pm

sausages! music! juggling! marimbas! cakes!

Creswick Kids Choir &
Geelong's Marimba Taters in concert from 1pm
vote! bring the kids! enjoy music! celebrate democracy!

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Recipe for a Healthy Brain

Dr Roy J Hardman (Phd), Cognitive Neuroscientist

Is there such a recipe and can it be implemented? From my own research in this area (published world wide) and the scientific press the answer is yes! There is an unrealistic fear in the population that ageing leads to dementia. This is not the case. Even though ageing may be a causative relationship to dementia it is neither predictable nor an inherited occurrence unless your parents had early onset dementia before the age of sixty-five years.

Everyone's brain ages, however, there is no set time-frame and our brains all age at a different time pending the impact placed on it by the internal and external environment. Currently there is no treatment for dementia. The best option is to reduce the incidence and understand that many of us have mild cognitive impairment which is not dementia. As we age it is normal to lose some memory, however, how fast or under what circumstances is somewhat dependent on how we have treated our brain, where we live, what we eat, how fit we are and an overall cardiovascular health profile.

Just consider, you do not put diesel fuel in a petrol car and expect it to operate effectively. Then why do we place high fat, high sugars, trans fats and cholesterol producing foods into our body and expect the brain to be fit, healthy and operate to its optimal performance? Over time, the brain will become sluggish, lack energy and we expose the brain to harmful inflammatory responses. If we are not giving the brain the precursors to work effectively such as high intakes of fruit and vegetables, fish, minor red meats and whole grains then where is the fuel going to come from?

You would have read about fad diets, shakes, slimming tablets, starvation, fasting, all manner of health kicks and pre-manufactured food to assist you, however, what are these doing to your brain?

The most common form of dementia is Alzheimers which is generally assessed by a Neurologist, noting the formation of plaques in the brain. You may be able to slow this process, however, there is no turning back and there is no magic medical cure available to date to reduce the incidence of plaque formation. The only known way is prevention, making lifestyle changes in one's forties or fifties to ensure that there is minimised potential for dementia onset.

Dietary patterns have also been considered. My research has focused on the Mediterranean style of diet. You may say we are not in the Mediterranean. However, it is the style of eating that is the key regardless of the country you live in.

The Mediterranean style of diet is a low inflammatory diet and when followed and ensuring the extra virgin olive oil is your main source of fat, then you can be assured that your brain is going to receive all the nutrients it requires to assist you against the ravages of our environment today.

If you would like to read more on this subject, you may wish to have a look at *A recipe for a healthy brain*, published locally by *Shawline* publishers, Ballarat.

Creswick Resident



Kingston, Friends of the Avenue Inc.

The AGM was held on 17 August and chaired by Bradley Thomas, Hepburn Shire CEO. Special guests from Hepburn Shire included Bradley Kennedy, Acting Manager Strategic Planning and Mandy Jean, Heritage Consultant.

Elected Office Bearers:

President and Secretary Julie Baulch

Vice President Claire Rowlands

Assistant Secretary Natarsha Williams

Treasurer Trace Williams

Other committee members, Leah Armstrong and Greg Collins.

After the meeting, Megan Brittingham and Ben Kenyon, arborists from Homewood Consulting, explained the Tree Management Plan and took questions. Two things clearly stood out: in the next five years seventeen trees will need replacing and mulching would greatly benefit the trees and inhibit sucker growth.

The plan can be accessed via the website kingstonavenueofhonour.org.au. In the near future a summary of the discussion will be added.

Kingston Friends of the Avenue is preparing to lodge an Environment Effects Statement submission to the Western Renewables Link project. See further details in the separate article in this issue.

Save the dates - come and support the Friends:

Saturday, 1 October Bunnings Creswick Road Sausage Sizzle.

Saturday, 19 October Creswick Market plant sales.

Saturday and Sunday, 1 and 2 October Andersons Mill Heritage Weekend, Smeaton.

Julie Baulch

on behalf of Kingston, Friends of the Avenue, Inc



PROJECT UPDATES

Works on the Calembeen Park change facilities are progressing with the refurbishment of the amenities in full swing. The project includes three accessible changeroom toilets and showers, accessible footpaths, landscaping and furniture. It will be completed very soon.

Hammon Park Trailhead is under construction and will include a bike jumps course, learn to ride areas, play areas, a changing places toilet facilities and more. Hammon Park will be the trailhead for the Creswick Trails, a network of 60km of mountain bike trail through the parkland and forests near Creswick. Council will look to award the contract for the Creswick Trails in November, with construction expected to begin in early 2023.

These projects are being delivered by Council in partnership with the Victorian Government.



COMPOST BINS ARE BACK

Due to popular demand Council is again offering residents another round of subsidised compost bins. Pop down to your local transfer station to pick up a compost bin whilst stocks last. The 180 litre ROTO tumbler is \$40, and the 220 litre composter is \$25. Demand is high so get in quick!



FREE YOUTH MUSIC EVENT

Young people are invited to help us launch our Youth Strategy at a free evening of live music, breakdancing demonstrations and food. Come along from 6.30pm to 9.30pm on Saturday 8 October at Daylesford Town Hall. Book tickets at www.hepburn.vic.gov.au/events.



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INSPIRING WOMEN

Do you know an inspiring woman from Hepburn Shire? Nominations will open in September for the International Women's Day Heather Mutimer Honour Roll. The honour roll pays tribute to the women in the Shire whose contributions, courage and examples have led to significant social change for women. Inductees are announced each year on International Women's Day - 8 March. If you know a woman who should be recognised email our Events Officer, Bridgette O'Brien, at bobrien@hepburn.vic.gov.au or call (03) 5321 6439.



MEET THE MAYOR

Our Listening Posts and Meet the Mayor sessions provide an opportunity for the community to speak with Councillors and staff about local projects, highlight ideas or raise concerns in an informal setting. Listening Posts are open for everyone to drop-in without the need to register or book a time. The next Listening Post will be held from 4pm to 6pm on Wednesday 28 September in Daylesford. For the Meet the Mayor sessions, community members can book a 30-minute private meeting either online or in person. The next session is Wednesday 26 October. To find out more or book, visit <https://participate.hepburn.vic.gov.au>.



ADOPTED STRATEGIES

Council recently adopted its updated environmental sustainability strategy, Sustainable Hepburn 2022-26. The strategy was co-designed with a dedicated Community Reference Group with input from over 400 community members.

The strategy includes four key themes - Beyond zero emissions, Natural environment and biodiversity, Low waste, and Climate resilience.

We also recently launched our new 'No Barrier' Positive Ageing Strategy in Creswick. Thank you to everyone who helped to inform the strategy. We look forward to delivering projects that bring real benefits for our community.

CONTACT US

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Kingston, Friends of the Avenue Inc.

Environmental Effects Submission to AusNet's Western Renewable Link Project

Kingston Friends of the Avenue invites readers to share their personal stories about the Avenue of Honour in Kingston.

Each avenue of honour is different but each tells the story of local people. Many avenues have faded away as their connection with the local community has been lost. The Avenue of Honour in Kingston is an exception. Kingston Friends of the Avenue works hard to preserve the beauty, dignity and history of the place because the community connection runs deep.

Kingston and the surrounding district face major change as a result of proposed electricity projects, starting with the Western Renewables Link project and the Victoria to New South Wales Interconnector West project (VNI West). The proposal is that the district will be transformed into an energy powerhouse centred on a big terminal station in Mt Prospect.

The plan for multiple overhead power lines connecting to the terminal station is of concern to the community. The lines and terminal station will have an adverse impact on valuable agricultural land, significant landscapes and the well-being of the community. In addition, battery energy storage systems and other electricity sector projects will be built close to the power infrastructure, creating an

industrial blight on the landscape and fundamentally changing the district.

Kingston Friends of the Avenue is preparing to lodge an Environment Effects Statement submission. The submission will be prepared by volunteers. It will explain the adverse impact that the Western Renewables Link (and the other projects) will have on the Avenue of Honour and also on the heritage of Kingston and the surrounding district. It will also cover the impact on the heritage trees around historic Kerrin's Bridge in Kingston which will be directly under the power lines.

Friends of the Avenue ask for contributions in readers' own words, and photographs, about their personal connection with the Avenue of Honour in Kingston to help them capture local knowledge of the region in their EES Submission. Hepburn Shire Council's insert *Make Your Voice Heard* came in our rates notice. It is a practical guide to preparing your personal responses. It can also be found on the website participate.hepburn.vic.gov.au.

Please send responses to kingstonfoa@gmail.com and title this correspondence *EES Submission*.

Julie Baulch, on behalf of Kingston, Friends of the Avenue Inc



News from Creswick Neighbourhood Centre

Spring is here and this means GARDENING TIME! Have you visited Creswick's community garden? Norm and his team do a wonderful job of growing seeds, maintaining veggie patches, composting, maintaining chickens, the worm farm and lots more messy fun. If readers are keen to join in the fun, please come in to the Creswick Neighbourhood Centre (CNC). More hands means less work.

There is a lot happening at the CNC of the dance variety. Along with the existing dance programs, Tuesday afternoons with Tahlia and U3A ballroom, we welcome a brand new Swing Dance program on Thursday nights.

Have readers got along to one of the Folkie Friday sessions at Leavers Hotel/Odessa's? Thanks to the wonderful *CresFest*, there is plenty of music and singing happening on the first Friday of each month. September also means School Holiday Program time again. Check out the CNC website and Facebook page for activities on offer for primary school aged children or phone anytime to book.

The kettle is always on, so pop into the Centre for a cuppa (perhaps one in the community garden while pulling a few weeds out).

Chrissy Austin, Manager



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September 1, 1922

A large audience at the town hall last Tuesday evening had a real musical treat, when the Creswick Victory Brass Band made its first appearance after reorganisation. As previously reported, the band almost suffered extinction some time ago, but enthusiastic endeavors were put forth by several residents, with the gratifying result that the band was placed on a much firmer footing.

September 5, 1922

A grand fancy fair is to be held in Wesley Hall on Wednesday and Thursday of next week. The opening ceremony will be performed by Lady Peacock on the Wednesday afternoon at 3 o'clock. There will be the usual stalls, as well as competitions. The admission has been fixed at 6d for each night.

September 8, 1922

It is hoped to complete on Monday next the work of removing the improvements from the former show ground site at Smeaton to the new site at Kingston. All workers are requested to attend at 9 am sharp, and teams are required for the carting. A meeting of the committee will be held at the shire hall at 2 o'clock in the afternoon.

September 12, 1922

Mining News – New Ristori

Good progress has been made with the erection of the surface plant at the New Ristori alluvial mine at Allendale by the contractors. Messrs. Delaland Bros. of Ballarat, who have earned much commendation from the directors and company management for the workmanship and quick methods they have practised during the erection.

September 15, 1922

The Creswick Borough Council has decided to call tenders for leasing the Dean reservoir farm, returnable at the December meeting. The present lease expires on 1st March next.

September 19, 1922

The pupils of the Creswick State School will give a grand children's entertainment in the town hall on Thursday evening, when the proceeds will be in aid of the Soldiers' Memorial Fund. The programme will consist of action songs, physical drill, musical items etc.

September 22, 1922

Newlyn – An important meeting of subscribers to the newly formed Mechanics' Institute and Free Library was held in the Newlyn hall on Saturday evening, to elect new trustees for the present building and for a new hall, the proposal for which is being taken up heartily by the residents of the district.

September 26, 1922

The Creswick Junior Football Club, winners of the district premiership, will celebrate the occasion by a ball in the A.N.A. hall on Wednesday (tomorrow) evening.

September 29, 1922

Dean School Fair – to be held on Thursday (afternoon and evening) and Friday (evening) 5th and 6th October in the Dean Hall. To be opened by Lady Peacock at 3 pm on Thursday. Come and join in the fun and help the school. Stalls, Items, Competitions. Social on Friday evening. Admission 6d. Children 3d.





LIONHEARTED COUNSELLING

Lionhearted Counselling & Expressive Therapies is a new counselling business for children and adolescents aged 9 to 16.

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The Art of Living

By Craig Barrett

I am writing this in the first week of August. This is the time of the fire pit – my go to place in the garden on these cold afternoons. I prefer to be outside as much as I can, surrounded by my native bush garden and birds. Gazing into the fire is magical, almost hypnotic, watching coals glow – they seem to hum in a visual way. The flames just dance and dance. The fire awakens childhood memories of burning mallee roots and briquettes – thankfully we don't burn those anymore!

Over the years, I have made many paintings and drawings that have had elements of fire. Yes, fire can be destructive in the loss of life and possessions. It also brings renewal to our native plants, many of which need fire and smoke for their seeds to come alive. And of course, the indigenous folk did gentle cool burns to keep the country clean, open, and bring on new food for the animals they hunted.

My dear old mum, long gone now, used to say she would rather a fire than a flood *'a fire and everything is gone, start again – a flood, endless cleanup'*. Wow, doesn't Creswick know about that as well.

It is no small wonder that so many civilizations have a large culture around fire and its transformative capacity. Actually, I think the very first Pitjantjara word I learnt when working with the Mutidjula Community at Uluru in the early 1980s, was in fact Waru – fire, followed by Kapi – water. Now there's a ying yang if ever there was one.



I would love to know some of the local Dja Dja Wurrung words for these. In mediaeval times, trial by fire meant different things to different cultures, from proving one's innocence to proving one's faith, and many other things between. Many cultures consider fire and smoke as cleansing – especially here in Australia where the oldest continuing culture in the world practise the Smoking Ceremony as a cleansing and Welcome to Country.

For me personally, as a very innocent, young and green kid from the city, forty-two years ago at Uluru, I learnt the power and importance of fire when I was invited to an Inma, the Pitjantjara word

for a corroboree. Many folk had gathered at Uluru for ceremonies and business. It was a cool, pitch black night. There were many small campfires around which women and children sat. The women began beating sticks on the ground to mark rhythm. As I recall, singing also started. Suddenly, spinifex was thrown onto a campfire centre stage creating a huge burst of light as ghostly, painted dancers appeared out of the dark to perform and story tell. This was repeated over and over into the night. That experience is quite literally burned into my memory. It must be so much more so for the Aboriginal people.

So, when I stare into my fire pit, it is not just for warmth and entertainment – I see, smell, hear, thousands of years of human history and knowledge.

www.craigbarrett.com.au



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John Curtin Aged Care needs you! JCAC is a Creswick not-for-profit Aged Care Facility, managed by a Board of volunteers, originally set up in the early 1980s as an offshoot from the Creswick Hospital which did not have aged care beds at the time. There are sixty-five beds, eighteen of which are in the Peacock Wing, the Memory Support Unit. There are also nineteen Independent Living Units in the grounds. JCAC is looking for volunteers to help enrich the lives of residents.

If you like people and like to have fun, JCAC would love your support. Tasks for volunteers include chatting to residents, assisting with lifestyle programs, reading, assisting with resident outings and much more.

If you would like to join the team or like more information, please contact at jcac@jcac.org.au or call on 5345 9999. For more information about John Curtin Aged Care see <https://johncurtinagedcare.org.au/> or <https://johncurtinagedcare.org.au/about-us/our-history/>.



CEMETERY NEWS

After the severe storm in January, the Cemetery had quite a bit of damage to the fences. After speaking with the heritage advisor for the Shire, permission was given to change the tin fencing to rural fencing. This will not only last better but will save quite a lot of money in on-going repairs.

The side roads are still closed to traffic for the time being. Hopefully, the weather will dry out enough to re-open them soon.

Wendy Ohlsen, Secretary


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PROBUS DAY Photographic Record

If you see a group of people standing in front of the IGA in Creswick dressed in blue on the evening of 1 October then be not afraid, they will be Probos members waiting for a photo to be taken for Probos Day.

Probos Day is on 1 October and Probos South Pacific has arranged for Melbourne Town Hall to be lit up in blue to celebrate Probos Day. Not to be outdone by what they are doing in The Big Smoke, the members are going to have a photo taken in front of Creswick IGA. The manager has also kindly agreed to light up the store every night of that week in blue especially for Probos.

A big thank you to our IGA store and management.

Who: Probos Club of Creswick Members

When: Saturday, 1 October 2022

Where: IGA Creswick

Why: Probos Day

What time: 6.15pm for 6.30pm

Dress: Probos Blue

Probos clubs' aim is to provide retired or semi-retired folk a way to meet and connect socially with fun and friendship, and to expand their interests.

Shirley Symes, Vice President

Probos Club of Creswick for the Management Committee

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Mt Blowhard Primary School



The school gymnasium was full of colour and excitement for the annual MBPS Book Parade. The children looked amazing in their costumes, as did the staff.

The Year 2/3/4 students set off for camp to Narmbool. Students enjoyed hunting for critters, classifying their findings, night walks, hut building and bonding with their classmates. It was a rewarding experience for all and everyone should be very proud of how they represented MBPS.

Prep children recently celebrated 100 days of school by imagining what life as a 100 year old would be like, making crowns and decorating biscuits with the number 100. It was a fun day.

Students started art this term by visiting the Ballarat Art Gallery learning about Aboriginal art and viewing a variety of modern and traditional artwork.

They created birds using ochre paint and learnt some Aboriginal dances. Students created their own stories using the symbols on the wings of an owl. Grades prep and 1 worked collaboratively to create a rainbow serpent, which is on display in the gym.

Last term, a Biggest Morning Tea was held to raise money for the Cancer Council. Families and friends were invited into the classrooms then everyone enjoyed a delicious morning tea. Many thanks to families, friends and students for bringing in food to share, donating money and coming along. A big thank you to Parents' & Friends for assisting with the event. It's amazing what can be achieved when everyone works together. \$162.85 was raised for the Cancer Council. Thank you for all contributions, every little bit counts.

Robert Walsh, Acting Principal



LANDCARE UPDATE

Creswick Railway Workshop tree and shrub planting will be held on Saturday, 24 September beginning at 10.00am. If you would like to attend a **Creswick Creek Tour**, please meet behind the Creswick Information Centre at 9.30am on Saturday, 1 October. The Senior Citizens bus will be available. First stop will be Creswick Creek near Ring Road to see the rehabilitation work being done there. Then it's off to Kieran's farm to look at his issues and solutions on his section of the creek. Next, Clunes Landcare Group will show us what they have been achieving. This will be followed by a light lunch.

Bruce Armstrong, Secretary, 0428 457 363

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NEWS FROM KINGSTON AGRICULTURAL SOCIETY

The Kingston Showgrounds are open to the community. The perfect spot to have a picnic, walk the dog or sit in the heritage listed grandstand and appreciate the view and surrounding district.

Date Change: The Food and Wine Festival is now set for 29 October 2023. It will showcase the local producers in the region.

Annual Show: 10 and 11 December this year. Saturday will be a family day with working dog demonstrations, dog jump (byo dog!), tug of war (teams of 2), heavy horses, poultry, goats, children's and schools' competitions and more. Sunday will be devoted to our renowned horse show. If you can help, please let the Society know as they depend on volunteers. There are many ways to assist.

For more information, or to subscribe to the newsletter, volunteer, become a member, or book the facilities, please contact the Secretary on 0419 527 734 or contact the Society at www.kingstonagsociety.org.au.

John Rowlands, Secretary



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FORTHCOMING EVENTS

Smeaton Presbyterian Church Blume's Fashion Parade, 20 September, 10.00am at Smeaton Bowling Club

Landcare, Creswick Railway Workshop
Tree and shrub planting, 24 September, 10.00am.

St Andrew's Church
Pet Blessing Service, 25 September, 9.30am – 11.00am.

Open Garden Old Kingston Primary School
22 October 2022, 10.00am to 4.00pm
\$10 entry, tours at 11.00am and 2.00pm
Contact: Sue Scott
0418 675 196

Creswick Spring Art Show
at the Creswick Neighbourhood Centre
28 October to 1 November

Creswick Old Masters, at Havilah Lodge
29 October to 1 November

Anglicare Emergency Food Relief – 2nd Tuesday of the month 10.30am – 12.00pm. All Concession cards welcome, ring ahead on 5333 0600 to receive your pre-packed Food Hamper. Collection is from St Johns Anglican Church Hall, Napier Street, Creswick.

Anglican Parish of Springmount:
St John's Church, Napier Street, Creswick.
Holy Eucharist: 10.00am 2nd and 4th Sundays.
Short contemplative Eucharist: 10.00am most Tuesdays.

Contact: Fr Chris Keast
0427 911 792.

Business & Tourism Creswick – first Tuesday every month.
Old Creswick Railway Station
5.00pm Info 5345 2759 or contact via Facebook

Creswick Cemetery – Gates Open 9.00am to 5.00pm. Daily

Creswick-Clunes Uniting Church Parish
Every Sunday - 9.30am
All Welcome. 130 Albert Street Creswick (The pretty pink church on the hill)
Contact Rev. Rosemary Carter
0431 286 285

Creswick & District Aquatic Centre Inc. – first Wednesday Feb. Apr. Aug. Nov 7.00pm
Phone 0434 071 185

Creswick & District Historical Society
fourth Thursday every month (except December and January) Seniors' Club rooms 2.00pm. Phone 5345 2065

Creswick & District Hospital Auxiliary meets at hospital last Monday monthly 7.30pm. No meeting in June. New members welcome.

Creswick & District U3A – 0459 981 066 or email u3a3363@gmail.com or www.creswicku3a.com

Creswick Folk Club Second and fourth Friday 7.30pm, Creswick Railway Station, Contact John Harris
0428 842 234

Creswick Garden Club – first Tuesday every month (except January) Seniors' Club Rooms 1.15pm.

Creswick Havilah Lodge – Meeting fourth Thursday every month 7.30pm.
Bob Orr 5345 2165

Creswick Lions Club
second Wednesday every month. 7.00pm R.S.L. Hall
Secretary Barb Urry 0423 536 794 urrybarb@gmail.com
Membership Chairperson Maria Marco 0410 499 007
mariamarco3363@gmail.com

Creswick Market – Third Saturday every month 9.00am-1.00pm.
Creswick Neighbourhood Centre, A happy small town market, bookings 5345 2356
creswickmarket.com.au

Creswick Probuc Club – first Tuesday every month (except January) meetings St Andrew's Hall, 10.00am. Inquiries Joan 5334 4207

Creswick Senior Citizens – last Friday each month members enjoy social day and \$5 Lunch at Seniors' Clubrooms 12 noon

Creswick Senior Cyclists – meet Sundays and Wednesdays, 10.15am Creswick Band Rotunda. All casual cyclists welcome.

Creswick Walking Group
Tuesdays and Thursdays 8.30am. Meet Albert Studio, Cnr Ballarat Rd and South St. All Welcome, Rain, Hail or Shine.

Creswick Ward meeting – second Monday every month.
Cr Don Henderson 7.00pm
Creswick Railway Station

Cr Tim Drylie by appointment
Creswick Community Hub
Ph. 0427 503 258 Email: tdrylie@hepburn.vic.gov.au

CRWA – Members Meeting – First Sunday every month 1.00pm after Working Bee. Railway Workshops Precinct Judy 5345 1374

Friends of Park Lake
First Monday of month, 10.00am,
Creswick Hub Meeting Room. Wine O'Clock, 3.30pm every Wednesday on the Park Lake jetty. Enquiries: pres.friends@parklakecreswick@gmail.com

Joey's, Cubs, Scouts and Venturers – every Thursday during school term. Enquiries via Scouts Victoria website scoutsvictoria.com.au

Museum Research Centre – Open Saturdays, 11am to 3pm. Email requests to info@creswickmuseum.org.au

Music Jam for music lovers every Friday 7.00pm-9.00pm Neighbourhood Centre. Audience welcome

Pavilion Arts & Sustainability Inc meets 6.00pm on the 1st Monday of month Senior Citizens Room.

Pole walkers – St Georges Lake car park. All ages \$2.00 week. Tuesdays 8.00am – 9.30am info. Eliz Rhook, Hepburn Health Service 5345 9150

RSL meeting – last Wednesday each month 1.00pm. RSL Hall
Phil Greenbank 0490 374 006

Tipplers – third Wednesday every month. email: barrymarj@hotmail.com

VOGA Cycle Club Regular group rides that may be road, CX or MTB. Details on VOGA Facebook page. Free club membership via www.vogacycleclub.com.au

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Northerly News

Remembering Karen Frank

Creswick North PS would like to acknowledge the passing of their school cleaner and grounds-person, Karen Frank. She worked tirelessly at the school for many years, on School Council, in the garden and in the school library. The staff, students and families of Creswick North PS will miss Karen greatly.

A new shade sail has been installed over the outdoor classroom. This will come in particularly handy.

All students participated in the Penguin Painting Project. Schools from all over Australia and overseas have painted penguins made of MDF. Their penguin colony has been sent to the Mawson's Hut Replica Museum in Hobart, Tasmania.

Congratulations to the Year 5/6 teams who competed in the Mt Rowan SC Maths Challenge, with one of the teams winning the event. A very successful Book Week was had with a visit to The Hub for some activities. The swimming program at Swim & Survival Academy in Wendouree was completed with the students making noticeable progress during the two-week program.

If you would like a school tour to experience this fantastic school, please call 5345 2012.

Matthew Reyntjes,
Principal

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